Carmen Braidwood

Media Trainer, Commentator, TV & Radio Presenter, Podcast Host, Keynote Speaker, Poodle Mum



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Sizzle Reel







About Carmen

Carmen Braidwood is a Media Trainer, Presenter and Commentator with more than 20 years' experience on commercial radio and TV.

Seen around Australia as a travel presenter on the Nine Destination WA, she's notched appearances on Nine News, The Today Show, The Project, Sky News and others.

Her keynotes, programs and workshops take delegates safely out of their comfort zone, so they can trade awkward moments in the modern media (traditonal & digital) for the polish of a broadcast professional.

Delivered with a focus on fun and inspiration, Carmen's "Confidence on Camera" and "Modern Media Perfomer" trainings are fully customisable and empower attendees to show up in their authority zone.

Her online courses, "Confidence on Camera" and "The FearBreaker Bootcamp", are designed to quickly furnish users with practical skills to grow their brand online.

Carmen can be heard sharing her media know-how as co-host of The Experts Podcast, and can be seen sharing

























on camera presentation tips for businesses and professinals all over the internet.

listeners will know Carmen from Perth radio regularappearances on ABC Radio and stints on 6PR's Breakfast & Weekend Breakfast, along with a run of seven years hosting 96fm's popular Breakfast Show.

Carmen has a Bachelor of Arts, (English), post graduate qualifications in Radio Broadcasting & Program Direction, and draws on more than 22 years' experience as a presenter, newsreader and producer for the country's biggest media companies. Her trainings are accessible and highly practical, leaving attendees on a high.

She is also a sought-after, highly experienced MC, with a passion for signature tourism events in her much-loved home state of Western Australia. Need roadtrip tips to go swim with whale-sharks at Ningaloo? You're in the right place.

Speaking Topics

- Confidence on Camera: how to grow your brand by showing up as your authentic self online
- Modern Media Performer: how to leverage traditional media in a digital world
- Compassionate Self Leadership: how to lead others by starting with yourself













